

## What is **SEXUALLY RELATED TRAUMA (SRT)?**

- Trauma due to sexual abuse/assault
- Trauma due to past abortion(s)
- Trauma due to miscarriage/stillbirth
- Trauma due to unwanted pregnancy
- Trauma due to STDs

## Millions of people have experienced:

- Anger
- Depression
- Anxiety
- Intimacy issues
- Suicidal thoughts or attempts

- Self-harm
- Addictions
- Eating/sleeping disorders
- Feelings of dirtiness
- Overachieving tendencies





For more information & free help go to: **www.srtservices.org**