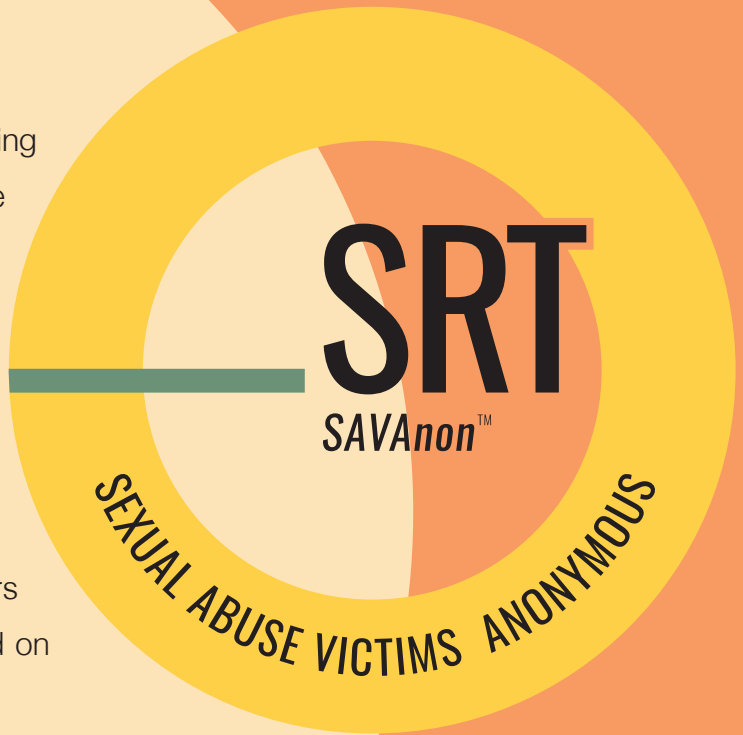


SAVAnon is a free eight-week healing program offered for those who have experienced emotional trauma from sexual abuse or assault. Participants work through varied emotional symptoms including: anger, depression, shame, anxiety, addictions and feelings of dirtiness. Our experienced, trained facilitators are ready to walk with those affected on their path toward healing.



For more information go to: www.srtservices.org/SAVAnon

SRT

SAVAnon™

SEXUAL ABUSE VICTIMS ANONYMOUS

SEXUALLY ABUSED OR ASSAULTED? Many victims feel:



Sadness



Fear



Shame



Dirty



Guilt

Other Symptoms May Include:

- Nightmares/trouble sleeping
- Depression/suicidal thoughts
- Trust issues
- Appetite/digestive changes
- Flashbacks
- Control issues
- Overly stressed
- Self-blame
- Engaging in high-risk behaviors
- Intimacy issues
- Difficulty making decisions
- Addictions



To join a group go to: www.srtservices.org/SAVAnon