



# ANNUAL REPORT 2025

## SRT Services

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# DIRECTORS REPORT

## A letter from our Director

When people talk about trauma, it is often spoken of quietly, if it is spoken of at all. For many survivors, trauma brings isolation, confusion, and a deep sense of being alone with experiences that feel too heavy to carry.

SRT Services exists because we believe healing should not happen in isolation. This past year, we witnessed courage in its truest form. We saw individuals take the brave step of naming their pain, often for the first time. We watched strangers become communities of support. We listened as participants rediscovered dignity, agency, and hope, not because their stories were erased, but because they were no longer carrying them alone.

Our work is simple in its purpose, though not always easy in its execution: we help people heal trauma through community. We provide free, accessible healing groups, ongoing support, and trauma-informed training for churches, organizations, and community leaders. We believe that when people are given safety, education, and support, healing becomes possible, even after years of silence.

None of this work happens without partnership.

To our donors: your generosity directly creates access to healing for individuals who might otherwise go without support.

To our church partners: thank you for opening your doors and your hearts to trauma-aware ministry.

To our grant funders and community collaborators: your trust allows us to grow responsibly and serve with integrity.

Because of you, people are not just surviving, they are learning how to live with greater freedom, connection, and hope.

As we look ahead, our commitment remains the same. We will continue to build trauma-aware communities, expand access to healing, train compassionate leaders, and steward every resource with care. Healing takes time, and we are committed to walking alongside people for the long road, not just the first steps.

Thank you for believing in this work. Thank you for standing with survivors. Thank you for being part of a community that chooses hope and healing.

With gratitude,

*Rachel Bren*

Executive Director

SRT Services

## WHO WE ARE

SRT Services is a faith-informed nonprofit organization dedicated to healing trauma through community. We exist to ensure that survivors of trauma, particularly sexually related trauma, have access to safe, compassionate, and effective support without barriers of cost, stigma, or isolation.

We believe every person is created with inherent dignity and worth, and that trauma, while deeply impactful, does not define a person's identity, value, or future. Healing is possible because restoration is part of God's heart for His people. We seek to walk alongside individuals as they rebuild trust with themselves, experience safe connection with others, and explore restored relationship with God at their own pace.

Through group-based healing programs, ongoing support, and trauma-informed training, SRT Services creates spaces where people are believed, supported, and empowered to take courageous steps toward healing. Our approach honors both the emotional realities of trauma and the spiritual journey of restoration, recognizing that healing often involves the whole person—mind, body, and spirit.

## OUR MISSION

The **purpose** of SRT Services is to bring hope, healing, and restoration to those impacted by Sexually Related Trauma (SRT), to restore relationships with ourselves, others, and God through peer-led healing groups in a safe, confidential, and grace-filled environment.

## OUR VISION

A world where survivors are no longer isolated by their trauma, but experience restoration through safe communities that foster resilience, connection, hope, and renewed relationships with self, others, and God.

## OUR VALUES

- Every person bears inherent dignity and worth
- Healing happens best in a safe, supportive community
- Belief is an action, not just a feeling
- Courageous honesty, grace, and compassion that leads to growth
- We pursue restoration of relationships with self, others, and God
- Stewardship, integrity, and accountability guide our work

SRT Services is rooted in the belief that God is a healer and restorer of broken hearts and lives. We believe people are created in the image of God and that healing is possible through compassionate community, truth, and grace. While we honor each individual's personal journey of faith, our work is motivated by the conviction that restoration of relationship—with self, with others, and with God—is central to holistic healing.

### **The Need We Address**

Sexually related trauma impacts more than half of adults, yet many survivors never receive meaningful support. Shame, fear, isolation, and limited access to affordable care often prevent individuals from seeking help. Even when support is available, survivors may fear being misunderstood, judged, or retraumatized.

Trauma rarely exists in isolation. It affects relationships, families, workplaces, churches, and entire communities. When trauma goes unaddressed, its impact often surfaces in anxiety, depression, relational disconnection, substance use, and cycles of harm that extend beyond the individual.

SRT Services exists to address this gap.

We provide trauma-aware, community-based healing that recognizes both the complexity of trauma and the resilience of survivors. By removing financial barriers and creating safe group environments, we help individuals move from isolation toward connection, understanding, and hope.

Our work is not about “fixing” people. It is about walking alongside survivors as they rediscover their voice, agency, and capacity for healing.

### **Our Approach to Healing**

At SRT Services, we believe healing is not a one-time event—it is a process that unfolds over time, supported by education, safety, and community.

Our approach centers on group-based healing because trauma often occurs in relationships, and healing is strengthened through safe connection with others. Participants are not pressured to share more than they are ready for, and they are always in control of their own healing journey.

We emphasize:

- Trauma education that helps individuals understand how trauma affects the body, brain, and relationships
- Structured, facilitated groups that prioritize emotional safety and dignity

- Long-term support beyond initial healing programs
- Collaboration with churches, organizations, and community leaders to build trauma-aware environments

This approach allows individuals not only to heal personally but also to engage more fully in their families, communities, and places of faith.

### **Impact at a Glance**

Over the past year, SRT Services has continued to expand access to healing and support across our community.

#### **This year, we:**

- Served 121 individuals, with 40 graduates through our healing groups
- Facilitated 9 healing groups (online and in-person)
- Trained 6 facilitators and have 28 active facilitators
- Provided 3 trauma-informed trainings connecting us to over 200 churches and organizations
- Expanded partnerships with 38 organizations and local businesses

# FINANCIAL SUMMARY

SRT Services is committed to responsible stewardship and transparency. We prioritize keeping our programs accessible for participants while ensuring sustainability and long-term impact.

## Revenue Sources

- Individual donations
- Organization and church donations
- Grants and foundation support
- Fundraising events

## Expenses

- Program delivery and facilitation
- Training and curriculum development
- Community outreach and partnerships
- Administrative and operational support

Every dollar invested in SRT Services directly supports trauma-aware healing, education, and community impact. Our financial decisions are guided by integrity, accountability, and a commitment to serving survivors with excellence and care.

# FINANCIAL STATEMENT

## Statement of Financial Position

The 2025 budget year marked a season of growth, learning, and transition for SRT Services. Throughout the year, the organization remained deeply committed to its mission of healing trauma through community while navigating the financial realities of a growing, people-centered nonprofit.

Revenue in 2025 demonstrated strong donor trust and engagement, particularly toward the end of the year. A significant portion of contributions arrived in the fourth quarter, reflecting effective year-end giving efforts but also revealing an imbalance in revenue timing across the year. This concentration created periods of cash-flow strain earlier in the year and increased reliance on reserves to support ongoing operations.

Expenses in 2025 were driven primarily by staffing and direct service delivery. This reflects an intentional, mission-forward investment in people, programs, and community impact. While this approach allowed SRT Services to expand reach and deepen program delivery, it also highlighted the importance of aligning staffing levels with predictable and diversified income sources.

As a result of these dynamics, the organization ended the year with an operating loss. However, SRT Services remained financially stable due to healthy unrestricted reserves, allowing leadership to respond proactively rather than reactively. This stability provided space to evaluate systems, reassess assumptions, and strengthen long-term financial planning.

Overall, 2025 served as a formative year that clarified both the strengths and vulnerabilities of the organization's financial model. The lessons learned directly inform the 2026 annual plan, which prioritizes revenue diversification, increased recurring support, disciplined expense management, and long-term sustainability—while continuing to protect and advance the mission at the heart of SRT Services.

| <b>EXPENSES 2025</b> | <b>TOTAL</b>     |
|----------------------|------------------|
| General Operations   | \$31,911         |
| Staff/Payroll        | \$145,193        |
| Development          | \$8,865          |
| <b>TOTAL</b>         | <b>\$185,969</b> |

| <b>REVENUE 2025</b>                 | <b>TOTAL</b>     |
|-------------------------------------|------------------|
| Individuals                         | \$57,275         |
| Churches                            | \$4,200          |
| Businesses                          | \$108,337        |
| Foundations/Other Non-Profits/Other | \$7,628          |
| <b>TOTAL</b>                        | <b>\$177,440</b> |

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# LEADERSHIP AND GOVERNANCE

SRT Services is governed by a dedicated Board of Directors that provides strategic oversight, financial stewardship, and accountability to the organization’s mission of healing trauma through community. The Board works in partnership with staff leadership to set long-term vision, uphold organizational values, and ensure compliance with all legal and ethical responsibilities. Through regular meetings, thoughtful policy review, and informed decision-making, the Board helps guide SRT Services toward sustainable growth while maintaining a strong focus on mission impact.

The Board of Directors also plays a key role in financial governance and organizational health. This includes reviewing budgets, monitoring financial performance, supporting fundraising efforts, and ensuring responsible use of resources. By balancing oversight with trust in day-to-day operations, the Board empowers staff to lead effectively while maintaining appropriate checks and accountability. This collaborative governance approach strengthens transparency, supports wise stewardship, and positions SRT Services to serve the community with integrity and long-term stability.

## Board of Directors

| Name                       | Current Role     | Begin Date | Current term end date | Term   |
|----------------------------|------------------|------------|-----------------------|--------|
| <b>Bendewald, Whit</b>     | President        | 2020       | June-2026             | Second |
|                            | Vice President   |            |                       |        |
| <b>Robert Kinnune</b>      | Interim Treasure | 2026       | June 2029             | First  |
| <b>Christensen, Hester</b> | Board Member     | 2024       | June 2027             | First  |
| <b>Reed, Jennifer</b>      | Secretary        | 2018       | June 2027             | Second |
| <b>Lyons, Matt</b>         | Board Member     | 2021       | June 2027             | Second |

# LOOKING AHEAD

As we look to the coming year, SRT Services remains committed to expanding access to healing and strengthening trauma-aware communities.

Our goals include:

- Expanding free healing groups to meet growing demand
- Developing and supporting trained facilitators
- Increasing continued-support opportunities for program graduates
- Deepening partnerships with churches, nonprofits, and community organizations
- Strengthening long-term sustainability through diversified funding

Healing takes time, and we are committed to walking alongside survivors for the long journey, not just the first steps. With the continued partnership of donors, churches, and community supporters, we will continue to build spaces where healing, dignity, and hope can take root.

## THANK YOU

Dear Friends and Supporters,

Because of you, healing is happening.

In 2025, SRT Services continued to walk alongside individuals and families who are courageously facing the impact of trauma. Your generosity made it possible for people to step out of isolation, find community, and begin meaningful healing work that changes lives, not just for today, but for generations to come.

**We want you to know how deeply grateful we are.** Your support did more than fund programs; it created safe spaces, sustained trusted facilitators, and reminded survivors that they are not alone. Every story of growth, every moment of hope, and every step toward wholeness carries your fingerprints.

This past year also gave us clarity. We learned where our strengths lie, where growth is needed, and how to steward this mission responsibly for the long term. As we look ahead, our focus is on building a more sustainable future—one that allows us to continue offering healing through community without interruption, burnout, or uncertainty.

**That's where you come in.** As we step into a new year, we invite you to take the next step with us. Whether that means becoming a monthly supporter, increasing your current gift, or sharing our mission with someone who needs it, your continued partnership helps ensure that healing remains accessible to those who need it most.

**Together,** we can move from responding to trauma to building lasting pathways of restoration. Thank you for believing in this work. Thank you for standing with survivors. And thank you for being part of a community that chooses hope, courage, and healing.

With gratitude,  
Rachel Bren  
Executive Director